

**ON AT THE BETT ARENA:**

Today's sessions are hosted by Mark Martin

Computer Science Teacher & EdTech Expert, South Bank Engineering UTC-

10:30-11:00

Music technology: reach your full potential

**LOCATION:** The Bett Arena  
**THEMES:** Inspiration/ Teaching Tech  
**SPEAKERS:** Andrew Close, Managing Director, Counterpoint. Duncan Mackrill, Senior Lecturer, University of Sussex. Faye Beamish, Head of Music, Gable Hall. Ruti Olajugbagbe, Winner, The Voice-UK.

Ruti Olajugbagbe, the winner of The Voice UK 2018, will be demonstrating her exceptional talent at the start of this session, singing her Award-winning song 'Dreams'. As a student who benefited from greatly from the Music curriculum at Ortu Gable Hall she joins an expert panel to discuss technology, its implementation, and music's place in the curriculum. The panel will explore how Ortu Gable Hall's decision to embed music technology into their curriculum from Key Stage 3 upwards has brought benefits to students both inside and out of the classroom.

**HOSTED BY:** Counterpoint IT Solutions

11:00-11:30

The formula to choosing love

**LOCATION:** The Bett Arena  
**THEMES:** Inspiration  
**SPEAKERS:** Scarlett Lewis, Founder and Chief Movement Officer, Jesse Lewis Choose Love Movement

Scarlett Lewis founded the Jesse Lewis Choose Love Movement after her son was murdered in the Sandy Hook tragedy in Connecticut in Dec. 2012. Scarlett decided to be part of the solution to the issues in our society becoming an advocate for social and emotional learning (SEL) that teaches children how to manage emotions, have healthy relationships, and be resilient. Scarlett promotes the Choose Love Enrichment Program, a no cost, comprehensive SEL program in more than 55 countries, empowering educators and students to choose love. In this session, participants will learn the Choose Love formula that can lead educators and their students to choose love in every situation to create a safer and more peaceful world. Through Scarlett's powerful message backed by scientific research, participants will go on Scarlett's journey with her as she discusses how the Choose Love formula transformed her life and has now transformed school cultures. Hear about the latest neuroscience and how it is applied to choosing love in the classroom.

**HOSTED BY:** Choosing Love in Education

11:45-12:15

Emotions as a superpower: leaders & students

**LOCATION:** The Bett Arena  
**THEMES:** Inspiration/ SEN/ Strategy  
**SPEAKERS:** Dr Kamel Hothi OBE, Non-Executive Director, TLC Lions. Gian Power, Founder & CEO, TLC Lions.

Having started his first business aged 13, later worked at Deutsche Bank and PwC, Gian Power founded TLC Lions following a personal tragedy. Joined by Dr Kamel Hothi OBE with 40+ years banking experience at Lloyds, now advisor to the Queen and her commonwealth trust fund supporting youths in 52 countries. Gian & Kamel, two genders, two generations, two faiths but one clear message of how we can all embrace our emotions to be better, more inclusive people. This talk focuses on our mission statement to awaken emotion and empathy within students of all ages. Sharing personal experiences about why tuning into emotions in a world of non stop tech is the future. We want to disrupt traditional approaches, to dig deep to inspire, create dreams and ambition within our younger generations. Teaching them that the road may not be easy but by understanding ourselves, how we feel and let our emotions be our superpower.

**HOSTED BY:** TLC Lions

12:45-13:15

Why and how to discuss the news in the classroom

**LOCATION:** The Bett Arena  
**THEMES:** 21 Century Skills  
**SPEAKERS:** Daniel Franklin, Executive and Diplomatic Editor, The Economist. Secondary school students, Graveney School. Emily Evans, Chief Executive, The Economist Educational Foundation. Tiffany Smyly, Programme Director, The Economist Educational Foundation.

It has never been so important to have engaging discussions about current affairs at school. This session will focus on how to facilitate these discussions in a way that builds students' critical thinking and literacy skills, and enables them to apply these skills to the news. The Economist magazine's Executive and Diplomatic Editor will make the case for understanding a changing world, and the session will conclude with a panel of secondary school students. They will share their views on why young people should engage with the news, and the skills they need to form an accurate picture of the world in the face of misinformation and polarised debates in the media.

**HOSTED BY:** The Economist Educational Foundation

13:15-13:30

How free education gives millions of people a second chance

**LOCATION:** The Bett Arena  
**THEMES:** Inspiration  
**SPEAKERS:** Jack Morgan, Lead Designer, DET at Duolingo

There are approximately 1.2 billion people learning a new language, and many are doing so in pursuit of a better life. As part of our mission to make education free for everyone, we studied the behavior of millions of learners spanning every country on the planet. Until one day, we made an unexpected research discovery that led us on a journey around the world and throughout the Middle East, eventually putting us inside one of the world's largest refugee camps and forever changing the way we think about language education. In this short talk, discover how technology has rapidly expanded the impact of educators everywhere, and why your responsibility is greater now than it ever has been before.

**HOSTED BY:** Duolingo

14:00-14:30

Gaming for better mental health

**LOCATION:** The Bett Arena  
**SPEAKERS:** Manjul Rahee, Innovation Lead, Shift BFB Lab

By developing emotional management skills, young people can learn to focus and perform better and protect themselves against more serious mental health problems later on. However traditional training activities, like meditation and yoga, are seen as boring or irrelevant by this audience. Gaming is often thought of as something that can negatively impact young people's lives. At the same time, we know that gaming can help motivate, engage and build confidence too. So, where does the needle sit? We're developing a mobile video game to provide early intervention support to young people aged 8-12 years with low-medium anxiety by combining exposure therapy with an immersive gaming experience. This is an opportunity for you to get a first glimpse of the initial prototype of the game and talk about the role of gaming in improving mental health.

14:30-14:45

Kids Judge Bett

**LOCATION:** The Bett Arena  
**THEMES:** 21 Century Skills/ Inspiration/ Teaching Tech  
**SPEAKERS:** Katy Potts, Computing and E-safety Lead for Children's Services, Islington Council

Kids Judge Bett returns for a 4th year. This popular kids led event, running throughout the Saturday, is organised by Islington council. Pupils and their parents from 8 primary and secondary schools

participate in the judging, exploring all the stands, exhibitors and their products and choosing their favourites across 10 categories. Many companies report this is the award that really matters! The kids announce the winners live on stage giving out the coveted chocolate trophies. #kidsjudgebett

**HOSTED BY:** Islington Council

## ON AT THE SCHOOL THEATRE:

10:30–11:30

### student workshop: sleep and wellbeing – SAT’s

**LOCATION:** Schools Theatre  
**SPEAKERS:** Becky Arnold, Deputy Headteacher, Wymondham College  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in their Sleep and Wellbeing workshop: How to wake up feeling refreshed, positive and energised for the day ahead They will create a sleep-diary that will boost their productivity across all subjects They will see a change in their school performance across all subjects in just two-weeks as a result of feeling more alert The students will become healthier and happier versions of themselves – even during exam season! They will learn how to finish their workload without sacrificing their sleep or health – and with time to spare! Register to attend at <http://myperformancelearning.com/bett-school/>

11:30–12:30

### Student workshop: Diffusing stress and nerves – SATS

**LOCATION:** Schools Theatre  
**SPEAKERS:** Becky Arnold, Deputy Headteacher, Wymondham College  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in their Diffusing Stress and Nerves workshop: They will learn how to deal with nerves, stress and anxiety in a healthy way They will become aware of the things that stress them out and learn how to take back control The students will discover how stressful times can be used to their advantage and how it can boost their productivity and grades The student will master how to plan effectively for times of stress so they are well prepared for situations that may trigger this They will be able to create the perfect work-break balance that caters to their individual needs, to reduce the risk of panic and anxiety Register to attend at <http://myperformancelearning.com/bett-school/>

12:30–13:30

### Student workshop: mastering the art of retention – SATS

**LOCATION:** Schools Theatre  
**SPEAKERS:** Becky Arnold, Deputy Headteacher, Wymondham College, Becky Arnold, Deputy Headteacher, Wymondham College.  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in the Mastering the Art of Memory workshop: They will eliminate the risk of forgetting information by learning the correct way to retain everything they need without sacrificing their sleep The students will learn how to store maths and science equations, history dates and geographical knowledge in an easily accessible way They will discover how to filter unnecessary information that takes up valuable space so they are only keeping what is relevant and not cramming The students will discover how to organise information in compartments so that they reduce the risk of blanking in exams Register to attend at <http://myperformancelearning.com/bett-school>

13:30–14:30

### Student workshop: time management – SATS

**LOCATION:** Schools Theatre  
**SPEAKERS:** Becky Arnold, Deputy Headteacher, Wymondham College.  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in the Time Management workshop: They will learn how to create an effective timetable which is tailored to their individual needs and potential The students will discover how to create the perfect, guilt-free work and break schedule They will master how to make effective notes that they will actually remember in their exams The students will increase their chance of success across all subjects in just a month with useful tips on how to structure their workload They will learn how to get all their work done without sacrificing their sleep or health Register to attend at <http://myperformancelearning.com/bett-school/>

## ON AT THE POST 16 THEATRE:

10:30–11:30

### Sleep and wellbeing: GCSE’s

**LOCATION:** Post 16 Theatre  
**SPEAKERS:** Aoife Galletly, Assistant Headteacher, Wymondham College  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in their sleep and wellbeing workshop: How to wake up feeling refreshed, positive and energised for the day ahead They will create a sleep-diary that will boost their productivity across all subjects They will see a change in their school performance across all subjects in just two-weeks as a result of feeling more alert The students will become healthier

and happier versions of themselves – even during exam season! They will learn how to finish their workload without sacrificing their sleep or health – and with time to spare! Register to attend at <http://myperformancelearning.com/bett-school/>

11:30–12:30

### Diffusing stress and nerves: GCSE’s

**LOCATION:** Post 16 Theatre  
**SPEAKERS:** Aoife Galletly, Assistant Headteacher, Comprehensive, Derby  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in their diffusing stress and nerves workshop: They will learn how to deal with nerves, stress and anxiety in a healthy way They will become aware of the things that stress them out and learn how to take back control The students will discover how stressful times can be used to their advantage and how it can boost their productivity and grades The student will master how to plan effectively for times of stress so they are well prepared for situations that may trigger this They will be able to create the perfect work-break balance that caters to their individual needs, to reduce the risk of panic and anxiety Register to attend at <http://myperformancelearning.com/bett-school/>

12:30–13:30

### Mastering the art of retention: GCSE’s

**LOCATION:** Post 16 Theatre  
**SPEAKERS:** Aoife Galletly, Assistant Headteacher, Comprehensive, Derby  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in the mastering the art of memory workshop: They will eliminate the risk of forgetting information by learning the correct way to retain everything they need without sacrificing their sleep The students will learn how to store maths and science equations, history dates and geographical knowledge in an easily accessible way They will discover how to filter unnecessary information that takes up valuable space so they are only keeping what is relevant and not cramming The students will discover how to organise information in compartments so that they reduce the risk of blanking in exams Register to attend at <http://myperformancelearning.com/bett-school/>

13:30–14:30

### Time management: GCSE’s

**LOCATION:** Post 16 Theatre  
**THEMES:**  
**SPEAKERS:** Aoife Galletly, Assistant Headteacher, Comprehensive, Derby  
**SPONSORED BY:** Performance Learning

Tools the students will unlock in the Time management workshop: They will learn how to create an effective timetable which is tailored to their individual needs and potential The students will discover how to create the perfect,

guilt-free work and break schedule They will master how to make effective notes that they will actually remember in their exams The students will increase their chance of success across all subjects in just a month with useful tips on how to structure their workload They will learn how to get all their work done without sacrificing their sleep or health Register to attend at <http://myperformancelearning.com/bett-school>

**ON AT SOLUTIONS DEN 1:**

11:00–12:00

**If She Can See It, She Can Be It**

**LOCATION:** Solutions Den 1  
**SPEAKERS:** Anjali Ramachandran, Co-founder Ada's List Director, Storythings Nevertheless, Elena SineI, Founder, Teens in AI, Chiin-Rui Tang, Founder & CEO, Rho Zeta AI.  
**SPONSORED BY:** Pearson

What will it take to inspire the next Ada Lovelace, Rosalind Franklin or other female leader and innovator necessary to transform fields like AI and help create a more fair future of work? How can educators help to recognise, develop and promote the female innovators and leaders of tomorrow? Join Ada's List, Pearson, Storythings – and an audience of educators – for a discussion on role models with some of the leading women in the UK edtech scene for a frank conversation on diversity, opportunity and preparing for the future. This session will be a live recording of the Nevertheless podcast.

13:00–14:00

**We need to talk about mental health and wellbeing**

**LOCATION:** Solutions Den 1  
**SPEAKERS:** Ashley Lodge, Senior Publisher and Mindfulness Lead, Pearson UK, Dr Zoe Brownlie, Clinical Psychologist, Sheffield Children's NHS Foundation Trust, Kuben Narain, Maths and Wellbeing Director, TKAT.  
**SPONSORED BY:** Pearson

Young people's mental health and wellbeing is a big issue for schools. At Pearson, we know we're in a privileged position to help schools address this vitally important issue, and that's an opportunity we take seriously. That's why we've been listening to schools to better understand their needs: so that we can provide help to improve the mental health and wellbeing of young people and teachers. In this hour-long discussion, panelists will discuss their current wellbeing work. There will be time for audience questions.

14:00–15:00

**Let's talk about Edtech**

**LOCATION:** Solutions Den 1  
**SPEAKERS:** Neelam Parmar, Director of E-learning, Ashford School, Bukky Yusuf, AVP/Curriculum Director of Science, The Crest Academy, Jules Daulby, National Leader of @WomenEd, Education Consultant and Writer, Women Edtech.  
**SPONSORED BY:** Women Edtech

Why are there so few women in #EdTech? What are the options for women and is it important to see more women in tech based leadership roles in education? @WomenEd is a grassroots organisation to support aspiring and existing women leaders in education. @WomenEd\_Tech is a sister organisation interested in exploring why #EdTech is a (de)considered to be a male dominated workplace. @WomenEd\_Tech wants to encourage more girls and women to see #EdTech as a career choice and ultimately to become influencers and decision makers. Neelam, Jules and Bukky will be exploring leadership opportunities, the stereotypes of the 'male IT technician' and exploding some myths that tech is a male only career choice!

**ON AT SOLUTIONS DEN 2:**

10:00 – 3:00

**Pearson and Microsoft: soliciting feedback on a new collaborative proof of concept designed to help teachers.**

Stop by the Solutions Den to learn about a new concept being tested by Pearson and Microsoft to support teachers, and to provide your feedback!

**ON AT PEER TO PEER CONNECT:**

10:00–10:45

**Meet your peers**

**LOCATION:** Peer to Peer Connect  
**SPONSORED BY:** Bett and EDUCATE

If it's your first visit to Bett, or you plan to come on your own, we're running a morning meet-up session to help you get the most from your visit. We'll be welcoming you to Bett and facilitating a networking session at 10.15am, followed by a 15 minute interactive session from EDUCATE on effective EdTech.

10:45–11:00

**Edtech Impact Surgery**

**LOCATION:** Peer to Peer Connect  
**SPEAKERS:** Michael Forshaw, Founder & CEO, Edtech Impact  
**SPONSORED BY:** Edtech Impact

Are you getting value for money with your edtech purchases? Do you know which edtech products will have the biggest impact on student and teacher outcomes in your own complex school environment? This session will reveal Innovate My School's new Edtech Impact marketplace – a free, school-led evaluation platform that helps busy educators measure the effectiveness of different edtech products before purchasing.

11:00–11:45

**Name it to tame it: the emotions game**

**LOCATION:** Peer to Peer Connect  
**SPEAKERS:** Céline Berger, Co-Founder and Gamification Expert, Journey to Success  
**SPONSORED BY:** Bett

Because emotions drive behaviours, learning how to deal with emotions from an early stage is an important part of students' development. This session provides a taste of our 'Emotions Game', in which participants identify and recognise emotions, understand the link between emotions and behaviours, and learn tools to manage them effectively, in a fun and innovative way. Participants start to become more open-minded and less judgemental about their own emotions and their responses, and those of others, and learn how to be more proactive and less reactive with emotions. For teachers and educators, this game offers many opportunities to engage students to explore and express themselves in a friendly and interactive environment. The game was created by Journey to Success' gamification and emotional intelligence experts to bring life skills to young people.

12:00–12:45

**Empowering learning through cognitive fitness and healthy habits**

**LOCATION:** Peer to Peer Connect  
**SPEAKERS:** Sue Egersdorff, Education Advisor, MyCognition Ltd  
**SPONSORED BY:** Bett

Cognitive fitness is the foundation of all behaviour, performance and mental wellbeing. It is central to a child's learning experience. Cognition is based on our genes, but their expression depends on environmental and life-style factors, and the extent to which the mind is positively stimulated. It is therefore essential to monitor and improve cognitive fitness in children. In the workshop we will discuss the basis of a child's physical and mental wellbeing. Teachers and educators will gain a greater understanding of what enables pupils' learning and how learning outcomes can be empowered in everyday practice through five key healthy habits – nutrition, hydration, sleep, exercise and social activities – which are linked to the key

domains of cognition – attention, working memory, episodic memory, processing speed and executive function.

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13:00–13:45

### Five steps to improve your personal and professional wellbeing

**LOCATION:** Peer to Peer Connect  
**SPEAKERS:** Ruth Pearson, Founder & Director, Listening To Your Voice Ltd  
**SPONSORED BY:** Bett

Are you, or your school or organisation being affected by the effects of high staff turnover? Low morale? High absenteeism? High presenteeism? The effects of long-term mental health conditions? Conflict? If you have answered yes to any of the above, what has been the cost to yourself individually, your organisation and your family? Ruth Pearson passionately share her own personal journey, around the topic of emotional health, and the steps she learnt to improve the quality of her life and that of others. This session will be interactive, as a technique called accelerated learning will be used. You will be given the opportunity to apply the same five steps Ruth has developed, to your own personal or professional challenge, as you interact with others attending the workshop. You will leave the session, with a strategy, 5STEPS2LEARN, which you can adapt to improve your leadership skills and that of your colleagues.

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14:00–14:45

### Improving wellbeing in your school

**LOCATION:** Peer to Peer Connect  
**SPEAKERS:** Kirsty Raynor, Justyn Randall.  
**SPONSORED BY:** Bett

Good education and wellbeing practices have some strong similarities. A good education trains us to engage with the world and broaden our horizons. And good well-being practices – particularly mindfulness and yoga – offer us the tools to engage with the world positively, whilst broadening the horizons of our contentment. School, society and family place pupils under a lot of pressure from many angles. Opogo believes that more can be done to improve pupil mental health and resilience and how they can self-regulate their behaviours, which is why we launched the TeachFit programme. Not only does better wellbeing help performance and productivity, it enhances concentration and focus in students, enabling them to better deal with peer-related stress and academic tension. Lead by fitness expert Kirsty Raynor, our session offers you the chance to explore how yoga and mindfulness can positively impact the wellbeing of pupils in your school.



23-26 JANUARY 2019  
LONDON EXCEL

# YOUR EDTECH CHECKLIST

Bett is the world's leading education technology event where educators can discover more than 800 innovative edtech suppliers, see practical solutions, share experiences and learn from industry experts in an agenda programme featuring more than 175 speakers. Bett has teamed up with its Advisory Group and EDUCATE to come up with the questions that might help you have a more informed basis to your buying decisions at Bett. Make sure you have these handy questions to pose to Bett exhibitors when you meet them at the show.

## 1. THE PRACTICALITIES

This covers infrastructure, staff training and CPD, the ongoing costs, and the sustainability of the purchase.

- How long does it take the average educator to learn how to use, and implement your product?
- Is it necessary to purchase any additional software etc to increase the products' potential?
- What software is it compatible with?
- What pedagogical training do you provide in respect of the integration of your product in schools?
- How do you support schools to sustain and develop their use of the product over time?

## 2. THE EDUCATION VALUE AND SPECIALISMS

This area covers the core benefit the product offers. And, whether it's going to make a tangible difference to the lives of your students. Either on their needs today, or their skills for the future.

- How does your product make educators' lives easier?
- Can you explain the product and its educational value in one sentence?
- What support does your product provide for students for whom English is not their first language, or for students with special educational needs or disabilities?
- How does your technology help to prepare young people for the jobs of tomorrow?

## 3. THE RESEARCH AND EVIDENCE

This area helps you to know that your purchase is founded on principles of evidence. Especially important given the increased accountability that schools face and the impact of austerity budgets.

- Where and how was your product tested? Do you have any results from pilot studies?
- How does your company draw on existing relevant research to ensure that its technology stays current and relevant to today's real-world classrooms?
- What research-based evidence do you have to prove that your product is effective?
- How were teachers or educators involved in the design or creation stages of your product?

## PLAN BEFORE YOU VISIT BETT!

### 1. DOWNLOAD THE BETT APP

Our app has all the suppliers and agenda talks listed – if you 'favourite' the suppliers you'd like to see, you can then go to the floor plan on the app and it will pin them on the plan so you can map your route around the show.

### 2. CHECK OUT THE FILTERS ON OUR BETT ONLINE SUPPLIER LIST

Look up exhibitors by product type, by type of education institution they serve or to which region they export. You can also read a little more about what they have on offer.

[WWW.BETTSHOW.COM/BETT-SUPPLIERS-LIST](http://WWW.BETTSHOW.COM/BETT-SUPPLIERS-LIST)